



SANTHIGIRI

COLLEGE OF COMPUTER SCIENCES

Affiliated to M.G. University, Approved by AICTE and NAAC Accredited

Report on motivational class

Santhigiri college of computer science

Venue: Seminar hall

Date: 22-01-2025

Introduction

The recent session of motivational class conducted by Mr. Prayag G which was coordinated by Ms. Divya Jose, HOD, Department of Management, was a revelation, offering a unique blend of industrial insight and engaging activities that challenged our limits and inspired us.

Mr. Prayag G is a seasoned Mind Power Trainer and Business Mindset Coach with a proven track record of empowering entrepreneurs and professionals to achieve remarkable success. With over 14 years of entrepreneurial experience in the electric field, Prayag G has developed a unique understanding of the importance of mindset in achieving business goals and career success.

Content

Today's session with Mr. Prayag G started off with a quick introductory and we were immediately introduced into various games and activities. The first activity was the game of eyes breaking in which we must maintain eye contact with our opponent without laughing. Then the students were introduced to various other activities like memory games, intuition test, mind training etc. However, one cannot deny that fire eating, and glass walking were the most exciting and nerve-wracking activities of it all. Through those activities we were able to accomplish something that we feared we could not.

Insight

The class led by Mr. Prayag G was highly impactful on our vision about many things. It was a transformative experience that combined insightful industrial knowledge with all the fun and daring activities which left a lasting impression on all participants. The activities that were conducted during the session not only broke the ice but also built confidence and teamwork among participants.

